

# GURVIR KAUR

## CONTACT DETAILS

8196825081

gurvirkaurtatla@gmail.com

VPO Bharowal Kalan

## SUMMARY

Dedicated and energetic Physical Education Teacher committed to promoting physical fitness, teamwork, and healthy lifestyles among students. Seeking to contribute to a dynamic school environment where I can inspire students to achieve their physical and personal development goals.

## SKILLS

- Classroom Management
- Leadership
- Knowledge of Health and fitness
- Teamwork
- Time management
- Computer Knowledge
- Event Management

## KEY ACHIEVEMENT

- National player of American football and selected for India camp.
- Silver Medalist in Rugby Tournament at State level.
- Participation in All India Inter University Games
- Led players of Rugby, Kabaddi and Handball game competition to win at [district and state level] competitions.
- Successfully organized sports events
- Recognized for excellence in promoting students fitness and discipline.
- Organized inter-School sports tournament.

## CORE COMPETENCIES

Physical Fitness Training & Assessment

Sports Coaching (Rugby, Kabaddi, Handball, Football).

Lesson Planning & Curriculum Development

Classroom & Field Management

Injury Prevention & First Aid

Event & Tournament Organization

## ACADEMIC QUALIFICATION

### Master IN Physical Education

AMAR SHAHEED KANCHAN SINGH AUTONOMOUS P.G. COLLEGE SHIVPURI, FATEHPUR U.P.

### Bachelor Of Physical Education

Shri Bhawani Niketan Teacher Training College, Jaipur.

### Bachelor Of Commerce (Honours)

CT University, Ludhiana

### Senior Secondary Education (12th)

Police Public Sr.Sec. School, Bharowal Kalan

### Matriculation (10th)

Police Public Sr.Sec. School, Bharowal Kalan

## WORK EXPERIENCE

### Physical Education Teacher

Guru hargobind Sr.Sec.Public School Sidhwan Khurd | 2023 - Present

Gurvirkaur

ਲੜੀ ਨੰ.: /Sr. No.TT15U02G

083230



ਪੰਜਾਬ ਸਕੂਲ ਸਿੱਖਿਆ ਬੋਰਡ  
PUNJAB SCHOOL EDUCATION BOARD

B-29

ਮੈਟ੍ਰਿਕੁਲੇਸ਼ਨ ਪਰੀਖਿਆ ਸਰਟੀਫਿਕੇਟ ਸਮੇਤ ਅੰਕ ਸੂਚੀ  
MATRICULATION EXAMINATION CERTIFICATE WITH MARKS SHEET



ਪ੍ਰਮਾਣਿਤ ਕੀਤਾ ਜਾਂਦਾ ਹੈ ਕਿ / Certified that ਗੁਰਵੀਰ ਕੌਰ / GURVIR KAUR

ਰੋਲ ਨੰ./Roll No. :1015298143

ਰਜਿ.ਨੰ./Regn.No.BS/13/10049645004

ਪਿਤਾ ਦਾ ਨਾਂ / Father's Name ਗੁਰਪ੍ਰੀਤ ਸਿੰਘ / GURPREET SINGH

ਮਾਤਾ ਦਾ ਨਾਂ / Mother's Name ਗੁਰਵਿੰਦਰ ਕੌਰ / GURVINDER KAUR

ਜਨਮ ਮਿਤੀ / Date of birth :07/08/1999 (ਸੱਤ ਅਗਸਤ ਉੱਨੀ ਸੌ ਨੜਿਠਵੇਂ)(SEVENTH AUGUST NINETEEN HUNDRED NINETY NINE)

ਸਕੂਲ / ਚਿਲ੍ਹਾ School / District :ਪੁਲਿਸ ਪਬਲਿਕ ਸੀਨੀਅਰ ਸੈਕੰਡਰੀ ਸਕੂਲ, ਭਰੋਵਾਲ ਕਲਾਂ (ਲੁਧਿਆਣਾ)  
POLICE PUBLIC SENIOR SECONDARY SCHOOL, BHAROWAL KALAN (LUDHIANA)

ਨੇ ਮਾਰਚ 2015

appeared in Matriculation Examination held in  
with subject-wise marks mentioned below:

ਵਿੱਚ ਹੋਈ ਮੈਟ੍ਰਿਕੁਲੇਸ਼ਨ ਪਰੀਖਿਆ ਹੇਠ ਲਿਖੇ ਵਿਸ਼ਿਆਂ ਅਧੀਨ ਦਰਸਾਏ ਅੰਕਾਂ ਸਹਿਤ ਪਾਸ ਕੀਤੀ ਹੈ/  
MARCH 2015 and has been declared qualified

ਲੜੀ ਨੰ./ Sr. No.	ਵਿਸ਼ੇ / Subjects	ਲਿਖਤੀ/Theory		ਨਿਰੰਤਰ ਸਰਬ-ਪੱਖੀ ਮੁਲਾਂਕਣ/CCE		ਪ੍ਰਾਕ੍ਰਿਤੀ/Practical		ਕੁੱਲ ਪ੍ਰਾਪਤ ਅੰਕ / TOTAL MARKS OBTAINED	ਕੁੱਲ ਅੰਕ / TOTAL MARKS	ਗਰੇਡ/ GRADE
		ਪ੍ਰਾਪਤ ਅੰਕ/ Marks Obtained	ਕੁੱਲ ਅੰਕ / Total Marks	ਪ੍ਰਾਪਤ ਅੰਕ/ Marks Obtained	ਕੁੱਲ ਅੰਕ / Total Marks	ਪ੍ਰਾਪਤ ਅੰਕ/ Marks Obtained	ਕੁੱਲ ਅੰਕ / Total Marks			
1.	ਪੰਜਾਬੀ / PUNJABI	85	100	44	050	--	--	129	150	A
2.	ਅੰਗਰੇਜ਼ੀ / ENGLISH	38	070	27	030	--	--	65	100	B
3.	ਹਿੰਦੀ / HINDI	61	070	28	030	--	--	89	100	A
4.	ਗਣਿਤ / MATHEMATICS	34	050	28	030	16	020	78	100	A
5.	ਵਿਗਿਆਨ / SCIENCE	36	050	27	030	16	020	79	100	A
6.	ਸਮਾਜਿਕ ਸਿੱਖਿਆ / SOCIAL STUDIES	44	070	27	030	--	--	71	100	B
ਕੁੱਲ ਜੋੜ / Grand Total								511	650	A
7.	ਸਿਹਤ ਅਤੇ ਸਰੀਰਕ ਸਿੱਖਿਆ / Health And Physical Education									A
8.	ਕੰਪਿਊਟਰ ਸਾਇੰਸ / Computer Science									A
9.	ਖੇਤੀਬਾੜੀ / AGRICULTURE									A+

ਸਾਹਿਬਜ਼ਾਦਾ ਅਜੀਤ ਸਿੰਘ ਨਗਰ / SAHIBZADA AJIT SINGH NAGAR

ਮਿਤੀ / DATE : ਮਈ / MAY 26, 2016

*Gurvir Kaur*

ਸਕੱਤਰ / SECRETARY

ਲੜੀ ਨੰ. Serial No. :

17 185831

ਪੰਜਾਬ ਸਕੂਲ ਸਿੱਖਿਆ ਬੋਰਡ

PUNJAB SCHOOL EDUCATION BOARD

SET : C-03



ਸੀਨੀਅਰ ਸੈਕੰਡਰੀ (ਬਾਰੂਵੀਂ ਸ਼੍ਰੇਣੀ) ਪਰੀਖਿਆ ਸਰਟੀਫਿਕੇਟ ਸਮੇਤ ਅੰਕ ਸੂਚੀ  
SENIOR SECONDARY (12TH CLASS) EXAMINATION CERTIFICATE WITH MARKS SHEET



ਪੁਸ਼ਟਿਤ ਕੀਤਾ ਜਾਂਦਾ ਹੈ ਕਿ / Certified that : ਗੁਰਵਿੰਦ ਕੌਰ / GURVIR KAUR

ਰੋਲ ਨੰ. / Roll No. : 2017118711

ਰਜਿ.ਨੰ. / Regn.No. : BS/13/10049645004

ਪਿਤਾ ਦਾ ਨਾਂ / Father's Name : ਗੁਰਪ੍ਰੀਤ ਸਿੰਘ / GURPREET SINGH

ਮਾਤਾ ਦਾ ਨਾਂ / Mother's Name : ਗੁਰਵਿੰਦ ਕੌਰ / GURVINDER KAUR

ਸਕੂਲ / ਜ਼ਿਲ੍ਹਾ School/District : ਪੁਲਿਸ ਪਬਲਿਕ ਸੀਨੀਅਰ ਸੈਕੰਡਰੀ ਸਕੂਲ ਭਰੋਵਾਲ ਕਲਾਂ (ਲੁਧਿਆਣਾ)

POLICE PUBLIC SENIOR SECONDARY SCHOOL BHAROWAL KALAN (LUDHIANA)

ਨੇ ਸਾਲ ਮਾਰਚ-2017

ਵਿੱਚ ਹੋਈ ਸੀਨੀਅਰ ਸੈਕੰਡਰੀ (ਬਾਰੂਵੀਂ ਸ਼੍ਰੇਣੀ) ਪਰੀਖਿਆ ਹੇਠ ਲਿਖੇ ਵਿਸ਼ਿਆਂ ਅਧੀਨ ਦਰਜਾਏ

ਅੰਕਾਂ ਸਹਿਤ ਪਾਸ ਕੀਤੀ ਹੈ / appeared in Senior Secondary (12th Class) Examination held in

MARCH-2017

and has been declared qualified with subject-wise marks mentioned below:

ਕਾਰੋਪ/Group : ਕਮਰਸ / COMMERCE

ਲੜੀ ਨੰ./ Sr. No.	ਵਿਸ਼ੇ / Subjects	ਲਿਖਤੀ/Theory		ਨਿਰੰਤਰ ਸਰਬ-ਪੱਖੀ ਮੁਲਾਂਕਣ/CCE		ਪ੍ਰਾਕ੍ਰਿਕ/Practical		ਕੁੱਲ ਪ੍ਰਾਪਤ ਅੰਕ / TOTAL MARKS OBTAINED	ਕੁੱਲ ਅੰਕ / TOTAL MARKS	ਫਰੇਡ / GRADE
		ਪ੍ਰਾਪਤ ਅੰਕ / Marks Obtained	ਕੁੱਲ ਅੰਕ / Total Marks	ਪ੍ਰਾਪਤ ਅੰਕ / Marks Obtained	ਕੁੱਲ ਅੰਕ / Total Marks	ਪ੍ਰਾਪਤ ਅੰਕ / Marks Obtained	ਕੁੱਲ ਅੰਕ / Total Marks			
1.	GENERAL ENGLISH	032	065	010	010	XXX	XXX	042	075	C
2.	GENERAL PUNJABI	057	065	010	010	XXX	XXX	067	075	A
3.	BUSINESS STUDIES-II	051	065	010	010	XXX	XXX	061	075	A
4.	ACCOUNTANCY-II	038	050	010	010	014	015	062	075	A
5.	BUSINESS ECONOMICS & QUANTITATIVE	039	065	010	010	XXX	XXX	049	075	B
6.	FUNDAMENTALS OF E-BUSINESS (C)	042	050	010	010	014	015	066	075	A
ਕੁੱਲ ਜੋੜ / Grand Total								347	450	A
ਵਾਤਾਵਰਨ ਸਿੱਖਿਆ / Environmental Education										A+
ਕੰਪਿਊਟਰ ਸਾਇੰਸ / Computer Science										A+
ਵਾਧੂ ਵਿਸ਼ਾ / Additional Subject										
XXXXXXXXXXXXXXXX		XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX

ਸਾਹਿਬਜ਼ਾਦਾ ਅਜੀਤ ਸਿੰਘ ਨਗਰ  
08 November 2017

(J. R. MEHROK)  
ਸਕੱਤਰ / SECRETARY

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Gurvir/Kaur

Registration No. : 2017300106

Certificate No. : CTU/20210925/0182



# CT University



[www.ctuniversity.in](http://www.ctuniversity.in) | Approved by UGC

Established by an Act of the Legislature of State of Punjab, CT University Act, 2016, and  
Approved by the UGC under Section 2(f) of the UGC Act, 1956

## Bachelor of Commerce (Honours)

This is to certify that Gurvir Kaur D/o Gurpreet Singh & Gurvinder Kaur has been awarded the Degree of Bachelor of Commerce (Honours) from CT University after having duly completed Three Years of study through regular mode at School of Management Studies and passed the examination held in September, 2020 with First Division.

Given under the seal of the University.



Registrar

Vice Chancellor

Chancellor

The Degree can be authenticated by submitting the certificate number at [erp.ctuniversity.in](http://erp.ctuniversity.in) or e-mail to [controllerofexamination@ctuniversity.in](mailto:controllerofexamination@ctuniversity.in)

Gurvir Kaur

सं. 2240223

No. 0530220136470220482000105



UCPR 7022048202240223

# राजस्थान विश्वविद्यालय

जयपुर



हम, राजस्थान विश्वविद्यालय के कुलाधिपति, कुलपति तथा सेंनेट  
के सदस्य प्रमाणित करते हैं कि

**गुरवीर कौर**

श्री भवानी निकेतन टीचर ट्रेनिंग कॉलेज, जयपुर  
को सन् 2022 की परीक्षा में अधिकतम 10 सी.जी.पी.ए. में से 7.08 तथा ग्रेड 'A+'  
से उत्तीर्ण घोषित होने पर

**बैचलर ऑफ फिजिकल एजुकेशन**

की उपाधि प्रदान की गई।  
प्रमाण-पत्र विश्वविद्यालय की मुद्रा और कुलपति के  
हस्ताक्षर से अंकित किया जाता है।

## University of Rajasthan

Jaipur

*We, The Chancellor, Vice-Chancellor  
and the Members of the Senate of University of Rajasthan  
Certify that*

**Gurvir Kaur**

Shri Bhawani Niketan Teacher Training College, Jaipur  
having secured 7.08 out of maximum 10 CGPA with grade 'A+'  
and being declared passed the examination of the year 2022  
the Degree of

**Bachelor of Physical Education**

*has been conferred on her.*

*In Testimony whereof are set the Seal of the said University and the  
signature of the said Vice-Chancellor.*

*[Signature]*

कुलपति

Vice-Chancellor



Jaipur, Dated: 23-05-2023

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Gurvir Kaur

S. No 02619

Estd.- 2001

Amar Shaheed Kanchan Singh Autonomous P.G. College  
Shivpuri, Fatehpur (U.P.) -212656

(Formerly Amar Shaheed Kanchan Singh Mahavidyalaya Shivpuri, Fatehpur)

(College Code : 02003)



Permanently Affiliated to Prof. Rajendra Singh (Rajju Bhaiya) University, Prayagraj (U.P.) & Recognized By The B.C.I., N.C.T.E. New Delhi. Approved By U.G.C. Under Section (2F) & 12 (B) A Minority Institution

**ACCREDITED BY NAAC 'B' GRADE**

Office of the Director/Principal/Provisional Certificate/16372-17372/20223/15/05/2025

## PROVISIONAL CERTIFICATE

This is certify that Km/Smt/Sri... Gurvir Kaur.....

S/O, D/O... Gurpreet Singh.....

Roll NO... 2204003..... Enrollment No... ASKSMPED2230003.....

Amar Shaheed Kanchan Singh Autonomous P. G. College Shivpuri, Fatehpur (U.P.) Passed the... M.P. Ed..... Examinaiton of 20... 23-24..... with

the subject (s)... Master of Physical Education.....

and that he/she was passed in... Ist..... Division in theory and ... Ist..... Division in Practical.

The Candidate has done all that is necessary to the formal award of

the degree of..... MPEd. exami passed.....

Dated... 31.01.26



Gurvir Kaur

S. No 02619

Estd.- 2001

Amar Shaheed Kanchan Singh Autonomous P.G. College  
Shivpuri, Fatehpur (U.P.) -212656  
(Formerly Amar Shaheed Kanchan Singh Mahavidyalaya Shivpuri, Fatehpur)  
(College Code : 02003)



Permanently Affiliated to Prof. Rajendra Singh (Rajju Bhaiya) University, Prayagraj (U.P.) & Recognized By The B.C.I., N.C.T.E. New Delhi. Approved By U.G.C. Under Section (2F) & 12 (B) A Minority Institution

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Office of the Director/Principal/Provisional Certificate/16372-17372/20223/15/05/2025

## PROVISIONAL CERTIFICATE

This is certify that Km/Smt/Sri... Gurvir Kaur.....

S/O, D/O... Gurpreet Singh.....

Roll NO... 2204003..... Enrollment No... ASKSMPE02230003.....

Amar Shaheed Kanchan Singh Autonomous P. G. College Shivpuri, Fatehpur (U.P.) Passed the... M.P. Ed..... Examinaiton of 20... 23-24..... with

the subject (s)... Master of Physical Education.....

and that he/she was passed in... 1st..... Division in theory and ... 1st..... Division in Practical.

The Candidate has done all that is necessary to the formal award of

the degree of..... MPEd. exami passed.....

Dated... 31.01.26



Gurvir Kaur